



RÉPUBLIQUE  
FRANÇAISE

Liberté  
Égalité  
Fraternité



# Don't wait for the first signs of the heatwave.



HEADACHE



CRAMP



NAUSEA

## Protect yourself



KEEP COOL



DRINK WATER

**IF YOU FEEL FAINT,  
CALL 15**

For more information:  
**0 800 06 66 66** (free)  
meteo.fr • #canicule

\*Heatwave info service toll-free number: 0800 06 66 66.  
Only available during heatwaves